



The following applies to the below chart and is a guideline only:-

✓ = Contains      ? = may contain      No Allergic Ingredients

DISHES															
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Can Be Made Gluten Free
<b>STARTERS</b>															
HOMEMADE FISH CAKES		✓			✓				?				?		
SOUP OF THE DAY	✓	✓					✓								no bread
KING PRAWNS		✓	✓		✓				?				?		
PRAWN COCKTAIL	✓	✓	✓	✓	✓										no bread
<b>FISH - DEEP BLUE BATTER</b>															
HADDOCK INDIVIDUAL		✓			✓				?				?		
COD INDIVIDUAL		✓			✓				?				?		
FISH BITES		✓			✓				?				?		
LITE BITE		✓			✓				?				?		
SENIOR CITIZEN		✓			✓				?				?		
PLAICE		✓			✓				?				?		
SCAMPI		✓	✓		?			?							
HOMEMADE FISHCAKE		✓			✓				?				?		
BREADED FISHCAKE		✓			✓		✓		✓						
<b>FISH - GF</b>															
HADDOCK INDIVIDUAL					✓										
COD INDIVIDUAL					✓										
FISH BITES					✓										
LITE BITE MEAL					✓										
HOMEMADE FISHCAKE					✓										
<b>SPECIALS</b>															
OVEN BAKED COD	✓				✓		✓								
HADDOCK AU NATURALE	✓				✓		✓								
FISHERMANS PIE	✓				✓		✓								
FISHERMANS PLATTER		✓	✓		✓			✓	?				?		
GAMMON		✓		✓											new potatoes
VEGETARIAN CARBONARA	✓	✓					✓								
STAXTON SPECIAL		✓			✓				?				?		
<b>PIES (JONES)</b>															
STEAK	✓	✓											✓	✓	
CHUNKY CHICKEN		✓					✓						✓		
<b>KIDS' CORNER</b>															
FISH BITES		✓			✓				?				?		
SCAMPI		✓	✓		?			?							
CHICKEN BITES	?	✓	?	?	?		?		?			?	?	?	
SAUSAGE PLAIN		✓											✓	✓	
SAUSAGE BATTERED		✓			✓				?				✓	✓	

SAVOURIES													
JUMBO PORK SAUSAGE BTRD		✓							?			✓	✓
JUMBO PORK PLAIN		✓										✓	✓
JUMBO PORK SAUSAGE BTRD GF												✓	✓
JUMBO PORK PLAIN GF												✓	✓
SPAM FRITTERS		✓						?		?		?	
SPAM FRITTERS GF								?					
SAGE PATTIE	✓	✓								?		?	
SAGE PATTIE GF	✓												

**Dear Customer, please take note that we do offer some dishes in which we have attempted to prevent the contact with certain allergens such as gluten. Unfortunately, due to the presence of certain products within our kitchens, we cannot guarantee that the product is 100% free from the listed allergens. Please speak to a manager should you have any concern over these products.**

**Review date:** \_\_\_\_\_

**Reviewed by:** \_\_\_\_\_



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DISHERS															
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Can Be Made Gluten Free
<b>CHICKEN</b>															
CHICKEN BURGER MEADOW VALE (no sauce)		✓											✓	✓	
CHICKEN BURGER TYSON (no sauce)	✓	✓	?	?	?		?		?			?	✓	✓	
CHICKEN BITES	?	✓	?	?	?		?		?			?	?	?	
<b>SIDES / EXTRAS</b>															
PICKLED EGGS				✓											
PICKLED ONIONS														✓	
PICKLED GHERKINS									✓						
HOMEMADE TARTARE SAUCE				✓					✓						
CHIP SPICE															
BREAD ROLL PLAIN		✓											✓	✓	
BREAD ROLL WITH BUTTER		✓					✓						✓	✓	
CHIPS		?													
CHIP BUTTY		✓											✓	✓	
MUSHY PEAS															
BAKED BEANS															
GARDEN PEAS															
CURRY SAUCE (Deep Blue)	✓	✓					?		✓				✓	?	
GRAVY (Deep Blue)	?	✓					?		?				?	?	
ONION RINGS HOMEMADE		✓							?				?		




*Dear Customer, please take note that we do offer some dishes in which we have attempted to reduce the contact with certain allergens such as pan fried or grilled fish, etc. Unfortunately in these circumstances, we cannot guarantee that the product is 100% free from the listed allergens. Please speak to a manager should you have any concern over these products.*

***Review date:*** \_\_\_\_\_

***Reviewed by:*** \_\_\_\_\_





