# DISHES AND THEIR ALLERGEN CONTENT - STAXTON

*The following applies to the below chartand is a guideline only:-*

✓ = Contains | ? = may contain | No Allergic Ingredients

| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide | Can Be Made Gluten Free |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **STARTERS** | | | | | | | | | | | | | | | |
| HOMEMADE FISH CAKES | ? | ✓ | ? | ? | ✓ | | ? | ? | ? | | ? | ? | ? | ? | |
| SOUP OF THE DAY | ✓ | ✓ | | | | | ✓ | | | | | | | | no bread |
| KING PRAWNS | ? | ✓ | ✓ | ? | ✓ | | ? | ? | ? | | ? | ? | ? | ? | |
| PRAWN COCKTAIL | ✓ | ✓ | ✓ | ✓ | ✓ | | | | | | | | | | no bread |
| **FISH - DEEP BLUE BATTER** | | | | | | | | | | | | | | | |
| HADDOCK INDIVIDUAL | ? | ✓ | ? | ? | ✓ | | ? | ? | ? | | ? | ? | ? | ? | |
| COD INDIVIDUAL | ? | ✓ | ? | ? | ✓ | | ? | ? | ? | | ? | ? | ? | ? | |
| FISH BITES | ? | ✓ | ? | ? | ✓ | | ? | ? | ? | | ? | ? | ? | ? | |
| LITE BITE | ? | ✓ | ? | ? | ✓ | | ? | ? | ? | | ? | ? | ? | ? | |
| SENIOR CITIZEN | ? | ✓ | ? | ? | ✓ | | ? | ? | ? | | ? | ? | ? | ? | |
| PLAICE | ? | ✓ | ? | ? | ✓ | | ? | ? | ? | | ? | ? | ? | ? | |
| SCAMPI | ? | ✓ | ✓ | ? | ? | | ? | ? | ? | | ? | ? | ? | ? | |
| HOMEMADE FISHCAKE | ? | ✓ | ? | ? | ✓ | | ? | ? | ? | | ? | ? | ? | ? | |
| BREADED FISHCAKE | ? | ✓ | ? | ? | ✓ | | ✓ | ? | ✓ | | ? | ? | ? | ? | |
| SALT & PEPPER SQUID | ✓ | ✓ | ? | ? | ? | | ? | ✓ | ? | | ? | ? | ✓ | ? | |
| HAKE INDIVIDUAL | ? | ✓ | ? | ? | ✓ | | ? | ? | ? | | ? | ? | ? | ? | |
| MANAGER SPECIAL (excluding side) | ? | ✓ | ? | ? | ✓ | | ? | ? | ? | | ? | ? | ? | ✓ | |
| **SPECIALS** | | | | | | | | | | | | | | | |
| OVEN BAKED COD | ✓ | | | | ✓ | | ✓ | | | | | | | | Mash |
| HADDOCK AU NATURALE | ✓ | | | | ✓ | | ✓ | | | | | | | | new potatoes |
| FISHERMANS PIE | ✓ | | ✓ | | ✓ | | ✓ | | | | | | | ✓ | |
| FISHERMANS PLATTER | ✓ | ✓ | ✓ | ? | ✓ | | ? | ✓ | ? | | ? | ? | ✓ | ✓ | |
| GAMMON | | ✓ | | ✓ | | | | | | | | | | ✓ | new potatoes |
| VEGETARIAN CARBONARA | ✓ | ✓ | | | | | ✓ | | | | | | | | |
| STAXTON SPECIAL | ? | ✓ | ? | ? | ✓ | | ? | ? | ? | | ? | ? | ? | ✓ | |
| **PIES (JONES)** | | | | | | | | | | | | | | | |
| STEAK | ✓ | ✓ | | | | | | | | | | | ✓ | ✓ | |
| CHUNKY CHICKEN | | ✓ | | | | | ✓ | | | | | | ✓ | | |

**Allergens considered in this book are those recognised as per The Food Information Regulations 2014: celery & celeriac; cereals containing gluten (wheat, barley, rye, spelt and kamut); crustaceans; eggs; fish; lupin; milk; molluscs; mustard; tree nuts; peanuts; sesame; soya and sulphur dioxide. Please ask a member of staff if you have allergies other than these and we can guide accordingly.**

30-Sep

***Review date:*** _____ ***Reviewed by:*** _____

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|---|---|---|

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide | Can Be Made Gluten Free |
| KIDS' CORNER | | | | | | | | | | | | | | | |
| FISH BITES | ? | ✓ | ? | ? | ✓ | | ? | ? | ? | | ? | ? | ? | ✓ | |
| SCAMPI | ? | ✓ | ✓ | ? | ? | | ? | ? | ? | | ? | ? | ? | ✓ | |
| CHICKEN BITES | ? | ✓ | ? | ? | ? | | ? | ? | ? | | ? | ? | ? | ✓ | |
| SAUSAGE PLAIN | ? | ✓ | ? | ? | ? | | ? | ? | ? | | ? | ? | ✓ | ✓ | |
| SAUSAGE BATTERED | ? | ✓ | ? | ? | ✓ | | ? | ? | ? | | ? | ? | ✓ | ✓ | |
| SAVOURIES | | | | | | | | | | | | | | | |
| JUMBO PORK SAUSAGE BTRD | ? | ✓ | ? | ? | ? | | ? | ? | ? | | ? | ? | ✓ | ✓ | |
| JUMBO PORK PLAIN | ? | ✓ | ? | ? | ? | | ? | ? | ? | | ? | ? | ✓ | ✓ | |
| SPAM FRITTERS | ? | ✓ | ? | ? | ? | | ? | ? | ? | | ? | ? | ? | ? | |
| SAGE PATTIE | ✓ | ✓ | ? | ? | ? | | ? | ? | ? | | ? | ? | ? | ? | |
| CHICKEN | | | | | | | | | | | | | | | |
| CHICKEN BURGER MEADOW VALE (no sauce) | ? | ✓ | ? | ? | ? | | ? | ? | ? | | ? | ? | ✓ | ✓ | |
| CHICKEN BURGER TYSON (no sauce) | ✓ | ✓ | ? | ? | ? | | ? | ? | ? | | ? | ? | ✓ | ✓ | |
| CHICKEN BITES | ? | ✓ | ? | ? | ? | | ? | ? | ? | | ? | ? | ? | ? | |
| SIDES / EXTRAS | | | | | | | | | | | | | | | |
| PICKLED EGGS | | | | ✓ | | | | | | | | | | | |
| PICKLED ONIONS | | | | | | | | | | | | | | ✓ | |
| PICKLED GHERKINS | | | | | | | | | ✓ | | | | | | |
| HOMEMADE TARTARE SAUCE | | | | ✓ | | | | | ✓ | | | | | | |
| CHIP SPICE | | | | | | | | | | | | | | | |
| BREAD ROLL PLAIN | | ✓ | | | | | | | | | | | ✓ | ✓ | |
| BREAD ROLL WITH BUTTER | | ✓ | | | | | ✓ | | | | | | ✓ | ✓ | |
| CHIPS | ? | ? | ? | ? | ? | | ? | ? | ? | | ? | ? | ? | ✓ | |
| CHIP BUTTY | ? | ✓ | ? | ? | ? | | ✓ | ? | ? | | ? | ? | ✓ | ✓ | |
| MUSHY PEAS | | | | | | | | | | | | | | | |
| BAKED BEANS | | | | | | | | | | | | | | | |
| GARDEN PEAS | | | | | | | | | | | | | | | |
| CURRY SAUCE (Deep Blue) | ✓ | ✓ | | | | | ? | | ✓ | | | | ✓ | ? | |
| GRAVY (Deep Blue) | ? | ✓ | | | | | ? | | ? | | | | ? | ? | |
| ONION RINGS HOMEMADE | ? | ✓ | ? | ? | ? | | ? | ? | ? | | ? | ? | ? | ? | |
| OnION RINGS HOMEMADE GF | ? | | | | ? | | ? | | | | | | ? | ? | |
| SQUEEZE ME KETCHUP | ✓ | | | | | | | | | | | | | | |
| SQUEEZE ME MAYONNAISE | | | | ✓ | | | | | ✓ | | | | | | |

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| DB VINEGAR | | ✓ | | | | | | | | | | | | | |
| VINEGAR NONE BREWED | | | | | | | | | | | | | | | |
| DESSERTS | | | | | | | | | | | | | | | |
| Apple Crumble | | ✓ | | ? | | | ? | | | ? | | | | | |
| CHOCOLATE SPONGE | | ✓ | | ✓ | | | ✓ | | | ? | | | ✓ | | |
| JAM SPONGE | | ✓ | | ✓ | | | ? | | | ? | | | | | |
| STICKY TOFFEE | | ✓ | | ✓ | | | ✓ | | | ? | | | | | |
| | | | | | | | | | | | | | | | |
| ICE CREAM VANILLA | | | | | | | ✓ | | | | | | | | |
| CUSTARD | | | | | | | ✓ | | | | | | | | |
| | | | | | | | | | | | | | | | |
| Cookie Dough | | ✓ | | ✓ | | | ✓ | | | | | | ✓ | | |
| Chocolate Fudge Brownie | | ✓ | | ✓ | | | ✓ | | | | | | | | |
| Caramel Chew Chew | | | | ✓ | | | ✓ | | | ? | | | ✓ | | |
| Vanilla | | | | ✓ | | | ✓ | | | | | | | | |
| Strawberry Cheesecake | | ✓ | | ✓ | | | ✓ | | | | | | ✓ | | |
| SIDES / EXTRAS | | | | | | | | | | | | | | | |
| KERRYMAID | | | | | | | ✓ | | | | | | | | |
| TOMATO SAUCE 4.54KG | | | | | | | | | | | | | | | |
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